

## New Life Learning Educating, empowering and enabling

New Life Learning ([www.newlifelearning.com](http://www.newlifelearning.com)), established in 2001, works with world-renowned specialists in the field of Autism, including Dr. Jeff Bradstreet (Program Creator & Founder ICDRC USA) and Stephen Shore (Director Autism Society of America) to deliver online e-learning courses for people on the autism spectrum, their parents and carers. These courses are also valuable for health and education professionals. New Life Learning also provides courses on health and wellness.

Our vision is to educate, empower and enable people to develop their capabilities to the fullest extent possible. We are dedicated to providing access to share in the best information and unique insights that world experts have to offer by delivering e-learning courses via the internet into the homes, communities and schools of the people who need them. In particular we are focussed on raising awareness of specialist treatments that are leading the way for people on the autism spectrum.

### Online courses available include:

#### Autism Spectrum & learning disorders

Autism Open Windows Essential Training Workshop\*  
 Medical, diet and behavioral treatment options explained  
 Parenting Children with Learning Difficulties  
 Disclosure: When and how to share your diagnosis of Autism  
 Relationships: Life on the Autistic Spectrum  
 Senses and sensibilities: an inside view of life on the autism spectrum  
 Using music to work with people on the autism spectrum  
 Accommodating children with autism in the classroom  
 Autism & College – Autism & employment  
 Choosing a college and staying there  
 Family, Relationships - Autism  
 Self-esteem and confidence for your child

#### Health and Wellness

Stress Management  
 Find the Career You Love  
 Effective Communication  
 Anxiety Handbook  
 Panic Handbook  
 Anatomy & Physiology  
 Introduction to Reflexology  
 Introduction to Kinesiology  
 Introduction to Aromatherapy

\*Contribution from Autism Open Windows course go to autism research

### About New Life Learning courses

- **Online presentation with audio - Hear a key specialist talk you through your e-learning course**
- **Learn at own time and pace - Complete a course from home, the library, school, work or local community centre**
- **Unlimited access to your e-learning course**
- **Print off course information**
- **Optional exercises at the end of course modules**
- **Option to exchange ideas and experiences with other course participants online**

### Online courses from New Life Learning are recognised by:

AutismONE – Loyola University Chicago U.S.A.  
 Autism Auto Immunity Project, U.S.A.  
 Action Against Autism, Scotland  
 Irish Autism Alliance  
 Intl. Child Development and Research Centre, (ICDRC) U.S.A.  
 Waldorf Steiner Early Childhood Movement, Irl.  
 Centre for Professional & Personal Development, Irl.  
 Federation of Irish Complementary Therapies Ass.  
 National Children's Centre, UK Government. Body  
 Dept. of Health, Durban, South Africa  
 Hope for Africa Intl,  
 Russian Education Federation

"Stephen Shore's ability to articulate how it feels to be diagnosed on the autism spectrum is a perspective no parent or professional should be without. His way of translating the autistic mind so as to debunk the disability and truly understand what's going on is truly remarkable. Both professionally and personally Stephen's contribution to the autism community is a gift to all who know him."

- **Alex Michaels, Executive Director,**  
 Educational Consultants of New England Inc., and an adult with Asperger Syndrome

**New Life Learning.com**  
*Health and Wellbeing Online*